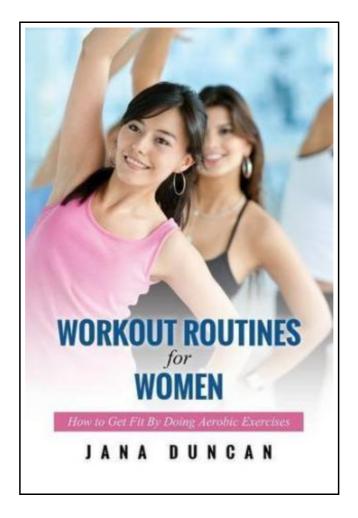
# Workout Routines for Women: How to Get Fit by Doing Aerobic Exercises (Paperback)



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