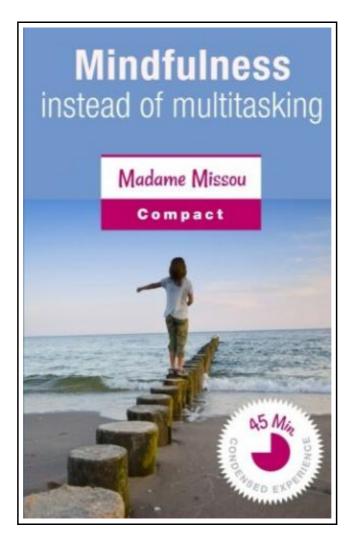
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MINDFULNESS INSTEAD OF MULTITASKING - A PLEADING FOR A MORE CONSCIOUS LIFE



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