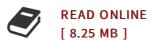




Feminine Healing (Paperback)

By Jason Elias, Katherine Ketcham

Little, Brown Company, United States, 1998. Paperback. Book Condition: New. Reprint. 229 x 152 mm. Language: English. Brand New Book ****** Print on Demand ******. A unique handbook that combines practical recommendations for specific health problems wiht parables, folklore, and ancient wisdom about the potency of the feminine spirit. Organized by the stages of a woman s life, it offers both the Western and Chinese interpretations and therapies for common health concern as well as details on proven complementary treatments. Here is the information on suplements, exercise, diet, herbal remedies, Chinese patent remedies, acupuncture points, and mental exercises to stimulate the mind/body/spirit/connection---everything you need to know to embrace a truly comprehensive course of healing.



Reviews

Good e book and valuable one. Better then never, though i am quite late in start reading this one. You are going to like how the article writer publish this publication.

-- Malcolm Block

This book is great. it absolutely was writtern quite properly and beneficial. Its been written in an extremely basic way and it is merely after i finished reading through this ebook in which basically changed me, affect the way i really believe.

-- Leopold Schmidt